

## Bermuda Hockey Federation



Big Apple Memorial Tournament

### Big Apple Tournament

The BHF proudly sent three teams to the annual Big Apple Memorial six-a-side tournament in Brooklyn, New York over the Memorial Day Holiday Weekend. Our Bermuda “Pink” team shone brightly, making it to the finals and placing second overall. The players faced intense competition, dealing with heat, different playing surfaces and injuries, yet they showcased exceptional skill and resilience. This tournament also marked our juniors’ first exposure to field hockey outside of Bermuda, and they performed admirably.

### Charlie Lightowler in the Cape Town International Hockey Tournament



This July, Charlie Lightowler will compete in The Cape Town International Hockey Tournament in South Africa, representing Uppingham School’s U19 boys’ team.

Founded in 2003, the Cape Town International Hockey Tournament has grown immensely over the past 17 years with the standard and quality of the event increasing annually. The event takes place in the beautiful City of Cape Town and occurs in July each year.

The Tournament is oversubscribed annually due to its popularity and participating teams are both domestic and international with the mix typically:

- 25% – International teams
- 20% – South African Regional teams
- 55% – Cape Town-based teams

The 2023 tournament, won by Millfield Green Stripe (Girls) and South African College Schools (boys) saw some phenomenal action-packed hockey.

The 2024 tournament will be the 19th year of operation and promises to be the best yet with all the internationals making a comeback. It takes place from 9 – 14 July 2024 and will feature 64 teams (32 boys and 32 girls’ teams).

This Hockey tournament is played per Federation of International Hockey

standards, placing this event as the leading U19 schools’ hockey tournament globally.

### Event Update: Women’s Pan Am Cup Challenge at Bermuda National Sports Centre

The Women’s Pan Am Cup Challenge is set to kick off at the Bermuda National Sports Centre with the first match day scheduled for Sunday, 22 September 2024. Over five days of intense competition, teams from Central & South America, plus the Caribbean will join our Women’s National team to vie for supremacy, culminating in the finals on Saturday, 28 September. The tournament winner will qualify for the Pan Am Cup to be held 5-15 March 2025 in Montevideo, Uruguay.

The Local Organizing Committee is hard at work, finalizing arrangements to ensure a memorable event for competitors, spectators, and everyone involved. From logistics to hospitality, every detail is meticulously planned to deliver a top-notch experience.

**\*\*GET INVOLVED!\*\*** Volunteers are essential to the success of the Women’s Pan Am Cup Challenge. If you’re passionate about field hockey and want to be part of this exciting event, we invite you to sign up as a volunteer. Visit the Bermuda Hockey Federation’s website at (<http://bermudafieldhockey.com>) to

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learn more and join our team. Stay tuned for more updates as we countdown to an exhilarating showcase of women's field hockey talent at the Bermuda National Sports Centre!

### Bermuda Senior Women's National Training Squad engages in Differential Learning during Hockey Pitch Maintenance

While the National Sports Center field hockey turf was closed for maintenance, the Bermuda Senior Women's Training team took on a different learning experience – Netball. Kimale Evans and Anthony Mouchette of the Bermuda Netball Association agreed to take on the task of coaching our training squad through a two-hour session with fitness, agility and netball drills to teach the team different mechanics of moving the body in Netball, also transferable to the change in direction and movement in field hockey. It was an excellent session, even for beginners who had never played before. It was filled with fun, the right level of intensity and coached in a way that the players were able to appreciate the sport. The BHF and Women's National Team send a big thank you and shout out to the BNA and Coach Kimale and Coach "Chetty" for allowing us to try out your sport.

### BHF Awards Ceremony

The Annual Bermuda Hockey Federation End of Season Prize Giving was held in early June celebrating the outstanding achievements of the 2023-2024 seasons. Congratulations to all award winners:

#### Most Valuable Player as voted by the members

**U21 female:** Amber McHugh

**U21 male:** Sven Curley

**Senior – Female:** Jessica Hollis and Jennifer Hamilton

**Senior – Male:** Rupert Cuddon- Large

#### Most Improved Player as voted by the members

**Junior male:** Keane Irvine

**Junior – female:** Grace Lightowler

**Senior – female:** Claire Medley

**Most improved senior male:**  
Kyle Hamilton

#### Best defender as voted by the members

Jess Hollis

#### Best midfielder as voted by the members

Jennifer Hamilton

#### Best Forward as voted by the members

Georgia Harris

#### Best Goalkeeper as voted by the members

Donna Nicholson

Kim Kimiti

#### Dedication for services dedicated to Bermuda hockey

**Unsung Hero U21:** Lizzie Davidson

**Unsung Hero Male:** Jack Higson

**Unsung Hero Female:** Fiona Braidwood

#### Longevity award:

Tami Ray - 34 years of service

Donna Nicholson, Leyla Ganal, Tyler Smith

#### Winner of Women's League:

Robin Hood Ravens

#### Winner of Mixed League:

Swizzles

#### Most Dedicated Technical Official:

Ineke Boelen

#### Most Dedicated Umpire:

Alex Godet

#### Dedication to Funstixx:

Amber McHugh

Naina Seth

Grace Lightowler

Lizzie Davidson

Billie Kempe

#### Top goal scorer:

**Male:** Rupert Cuddon- Large

**Female:** Jessica Hollis

The BHF would like to congratulate Leyla Ganal for receiving an Outstanding Teen Award in the Community Service category. Leyla has dedicated her Saturdays to volunteering as lead coach of our Funstixx program that serves our U10 future hockey stars. She has gone above and beyond in planning each session, ensuring it is fully staffed with the appropriate balance of junior and senior coaches and that all drills are adequately laid out and explained before the weeks session. We cannot thank Leyla enough for her tireless dedication, commitment and passion to the sustainability and growth of youth hockey in Bermuda. Sadly, but excitingly, Leyla will be off in the fall to further her studies in university.

Thank you Leyla and we wish you all the best in your studies. Photo by her mom.



Leyla Ganal